



# Healing Session in the Wake of Antisemitism

March 28th, 7-8:30 pm EST

RUACH INVITES YOU TO A **FREE** SUPPORT  
GROUP TO PROCESS YOUR REACTIONS TO  
THE RISE IN ANTISEMITISM AND EXPLORE  
CONCRETE TOOLS FOR HEALING

Please contact [RUACH](#) by March 25th for a brief  
conversation and information about how to join

\* Visit [ruachsupport.org](https://ruachsupport.org) for more information \*

